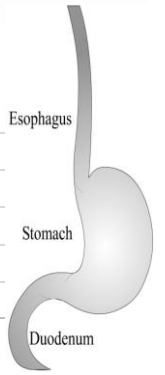
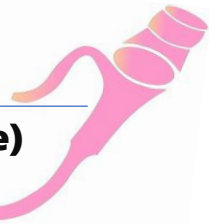




EGD (UPPER ENDOSCOPY) PREPARATION (Afternoon Procedure)



For a successful exam - We Need your help!! Please follow all instructions.

Transportation	You MUST arrange a ride. No ride = Reschedule procedure
Pregnancy	If you ARE or MAY be pregnant – STOP! Discuss this with your doctor before scheduling
Medications	Bring all medications. Blood thinners = Alert (may have to be stopped)
REPORT	New symptoms: Chest pain, Stroke, Heart attack, Emergency /Quick Care visits



7 Days Before Procedure: Medication

1. May or may not have to stop aspirin or Ibuprofen (Advil, Motrin) – check with your physician.
2. You need specific instructions if you take **blood thinners** [Coumadin (warfarin), Pradaxa (dabigatran), Persantine (dipyridamole), Plavix (clopidogre), Eliquis (apixaban), Xarelto (rivaroxaban), Aggrenox (aspirin/extended-release dipyridamole), Pletal (Cilostazol), Effient(prasugrel)]. These may need to be stopped 2-7 days before procedure.



1 Day before Procedure: Diet

1. You may continue your regular diet.



Day of Procedure:

IMPORTANT: DO NOT DRINK ANY FLUIDS FOR 4 HOURS BEFORE YOUR APPOINTMENT TIME

1. Nothing to eat after midnight! You can also consume **APPROVED CLEAR LIQUIDS** (water, black tea or coffee- **NO CREAM/NO-DAIRY CREAMER/MILK**), up to 3 hours before the procedure.
2. Exception: You may take your morning medications with 4 oz. of water up to 3 hours before your procedure.

APPROVED CLEAR LIQUIDS

- Water, black tea and black coffee (No Milk or non-dairy creamer)
- Strained fruit juices without pulp (apple, grape or pear juice)
- Clear soups such as broth
- Jello (lemon, lime or orange)
- Carbonated soft drinks (lemonade, ginger ale, mineral water)
- Clear ice

You MUST avoid red and purple food coloring