For a successful exam - We Need your help!! Please follow all instructions.

**Transportation**
You MUST arrange a ride. **No ride = Reschedule procedure**

**Pregnancy**
If you ARE or MAY be pregnant – STOP! Discuss this with your doctor before scheduling

**Medications**
Bring all medications. **Blood thinners = Alert** (may have to be stopped)

**REPORT**
New symptoms: Chest pain, Stroke, Heart attack, Emergency /Quick Care visits

## 7 Days Before Procedure: Medication
1. May or may not have to stop aspirin or Ibuprofen(Advil, Motrin) – check with your physician.
2. You need specific instructions if you take **blood thinners** (Coumadin (warfarin), Pradaxa (dabigatran), Persantine (dipyridamole), Plavix (clopidogrel), Eliquis (apixaban), Xarelto (rivaroxaban), Aggrenox (aspirin/extended-release dipyridamole), Pletal (Cilostazole), Effient(prasugrel)). These may need to be stopped 2-7 days before procedure.

## 1 Day before Procedure: Diet
1. You may continue your regular diet.

## Day of Procedure
**IMPORTANT: DO NOT DRINK ANY FLUIDS FOR 4 HOURS BEFORE YOUR APPOINTMENT TIME**
1. Nothing to eat or drink after midnight! You may take all of your morning medications as usual with a small sip of water up to **3 hours** before your procedure.